

Course Description:

Race will start in overflow camp area located at the end of overflow camp drive just before sharp right hand turn. Run out to camp road and turn left. Run to FS500 and turn left. Go to Pinhoti Trail on left (1.15 mile) Follow Pinhoti Trail 5 miles to Aid Station #1 - Sweetwater Lake (6.15 miles total). Follow Pinhoti Trail (1 mile for Half Marathon Turn around only) 3 miles to Aid Station #2 - Pine Glen Camp (9.15 miles total). Turn left on FS500 and cross bridge then pick up Pinhoti Trail on right hand side and follow 7 miles to Aid Station #3 - High Rock (16.15 miles total). 50K runners turn around here. Follow Pinhoti to Aid Station #4 - Pine Glen Camp (23.15 miles total). Turn left on FS500 and cross bridge then turn right on to Pinhoti. Follow Pinhoti 3 miles to Aid Station #5 - Sweetwater Lake (26.15 miles total). 50K and Half Marathon runners will follow Pinhoti 4.3 miles to right hand turn down steep hill to wooden bridge to cross Coleman Lake. From top of hill it is approx .7 miles to finish.